



HELLENIC SOCIETY OF NEPHROLOGY
ΕΛΛΗΝΙΚΗ ΝΕΦΡΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ

25th Hellenic Congress of

NEPHROLOGY

W W W . 2 5 P S N . G R



MEGARON
ATHENS
CONCERT
HALL

INTERNATIONAL CONFERENCE CENTRE



JUNE 19-21, 2024

A T H E N S , G R E E C E



Congress & Travel
Management Int.

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WELCOME MESSAGE

Dear colleagues,

It is a great pleasure and a special honor to invite you to the 25th Panhellenic Congress of Nephrology. The conference, which is organized by the Hellenic Society of Nephrology, will be held after many years, in Athens from June 19 to June 21, at the Music Hall and we hope for a large participation.

The scientific program, as developed by the scientific committee and the board of directors, includes lectures, round tables, satellite symposia and announcements, covering all current topics and dealing with the newest developments and up to date data in the wide spectrum of Nephrology, adapted to Greek data.

The presentation of these topics by internationally distinguished Greek and foreign speakers with extensive clinical experience and research work are a guarantee for the high scientific level of the conference. Also, the participation of younger colleagues with diverse research interests will provoke an interactive exchange of views and productive discussion.

Especially for this year, two workshops will be organized for the younger colleagues (and not only).

The first one's theme is the use of ultrasound in Nephrology (placement of central catheters, kidney biopsy, evaluation of the inferior vena cava, etc.) where the participants will have the opportunity for action on volunteers and manikin.



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The second one concerns kidney biopsies where, after the presentation of the basic introductions to kidney histology, clinicopathological cases will be presented with the participation of pathologists and nephrologists.

In the context of a successful 25th Panhellenic Conference of the Hellenic Society of Nephrology, we consider the active participation of everyone to be particularly important and we invite you to attend the proceedings of the conference.

With kind regards

On behalf of the Greek Society of Nephrology council and the members of the Organizing and Scientific Committee,

Dimitris Petras

Chairman of the Congress



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P. Kyriklidou
K. Leivaditis
V. Liakopoulos
S. Lionaki
F. Makris
S. Marinaki
G. Moustakas
S. Panagoutsos
E. Papachristou
M. Papatotiriou
A. Papadaki
P. Pateinakis
P. Sarafidis
M. Stagkou
K. Stamatelou
I. Stefanidis
G. Tsouka
D. Xydakis

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K. Stylianos



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SCIENTIFIC PROGRAM

WEDNESDAY 19 JUNE 2024

HALL MC3

09.00 – 10.15 **ORAL PRESENTATION**

Chairmen: **D. Oikonomaki, F. Makris**

10:15-11:45 **ROUND TABLE**

ACUTE KIDNEY INJURY

Chairmen: **K. Kolovou, D. Petras**

10.15-10.35 AKI from ischemia-reperfusion: Pathophysiology and experimental data
Th. Eleftheriadis

10.35-10.55 The incidence of AKI in a tertiary hospital
P. Giannou

10.55-11.15 AKI in the cardiac surgical patient
M. Chronaki

11.15-11.35 AKI in the critically ill patients
C. Pleros

11.35-11.45 Discussion

11.45-12.15 **Coffee Break**

12.15-12.45 **LECTURE**

Chairmen: **S. Lionaki, K. Stylianou**

Treatment of IgA Nephritis
M. Praga



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12:45-14:35 ROUND TABLE

GLOMERULONEPHRITIS

Chairmen: **P. Kyriklidou, G. Moustakas**

12.45-13.05 Renal remission in ANCA- related glomerulonephritis

A. Chalkia

13.05-13.25 Lupus Nephritis: treatment choices

S. Tsiakas

13.25-13.45 C3 glomerulonephritis

I. Petrakis

13.45-14.05 Membranous Glomerulonephritis: treatment choices

M. Papatiriu

14.05-14.25 Methodology for international guidelines writing

M. Kostopoulou

14.25-14.35 Discussion

14.35-15.30 Light Lunch

15:30-16:00 GREEK REGISTRY

Chairmen: **I. N. Boletis, E. Papachristou**

Extrarenal dialysis: epidemiological data - comparative evidence

G. Moustakas

16:00-16:30 SATELITE LECTURE

16:30-17:00 SATELITE LECTURE

17:00-17:30 SATELITE LECTURE



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17.30-17.45 Coffee Break

17:45-19:15 **ROUND TABLE**

RENO CARDIOLOGY

Chairmen: **P. Passadakis, K. Thomopoulos**

17.45-18.05 Cardiorenal metabolic syndrome

K. Tsioufis

18.05-18.25 Special features of Hypertension in Kidney patients

P. Georgianos

18.25-18.45 Idiopathic Hypertension and RFR

Aik. Damianaki

18.45-19.05 Myocardial stunning και regional wall motion abnormalities: the key in understanding sudden death in hemodialysis patients?

V. Kamperidis

19.05-19.15 Discussion

19.15-20.00 **PLENARY LECTURE**

Chairmen: **D. Petras, D. Goumenos**

AKI as a continuum

C. Ronco

HALL N. SKALKOTAS

20.00 - 20.30 **OPENING CEREMONY**

Greetings

20.30 – 21.00 **Opening Speech**



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Application of computational health science
E. Kaxiras

HALL MC2

09.00 – 10.30 ORAL PRESENTATIONS

Chairmen: **P. Tseke, M. Aktsiali**

**10:30-11:45 ROUND TABLE
HEMODIALYSIS**

Chairmen: **I. Griveas, S. Katsoudas**

10.30-10.50 Inclusion criteria for extrarenal dialysis
P. Kriki

10.50-11.10 Hemodialysis Methods
S. Roumeliotis

11.10-11.30 Outcome of extrarenal dialysis
E. Ginikopoulou

11.30-11.45 Discussion

11.45-12.15 Coffee Break

12.15-13.00 LECTURE

Chairmen: **I. Stefanidis, M. Sonikian**

12.15-12.45 Adequacy/Quality of hemodialysis
K. Adamidis

12.45-13.00 Clinical Cases
D. Xydakis

13:00-14:35 ROUND TABLE



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VASCULAR ACCESS

Chairmen: **G. Bamihis, E. Papachristou**

- 13.00-13.20 Vascular access surveillance: the role of the interventional nephrologist
I. Giannikouris
- 13.20-13.40 Long-term hemodialysis catheters: types, placement techniques, complications
I. Koutis
- 13.40-14.00 Personalized approach in vascular access in practice: options and decisions
N. Karydis
- 14.00-14.20 Treatment of Vascular access dysfunction: the interventional radiologist side
S. Spiliopoulos
- 14.20-14.35 Discussion
- 14.35-15.30 Light Lunch**
- 15:30-16:30 SATELITE SYMPOSIUM**
- 16:30-17:00 SATELITE LECTURE**
- 17:00-17:30 SATELITE LECTURE**
- 17.30-17.45 Coffee Break
- 17:45-19:15 ROUND TABLE**
TRANSPLANTATION: INTERACTION BETWEEN THE NEPHROLOGIST AND THE TRANSPLANT CENTER FOR OPTIMAL PATIENT MANAGEMENT
Chairmen: **S. Marinaki, M. Darema**



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17.45-18.05 Reference of the living kidney recipient: The value of on-time referral and liaison with the pre-transplant clinic

E. Kapsia

18.05-18.25 Recipient referral and inclusion in the National Register of Candidate Recipients

E. Kasimatis

18.25-18.45 Renewal of pre-transplant screening of a candidate recipient: Hemodialysis Unit-Transplantation Unit Collaboration

Ch. Skalioti

18.45-19.05 Patient with renal allograft failure: readmission to chronic kidney replacement method

G. Tsouka

19.05-19.15 Discussion

19.15-20.00 PLENARY LECTURE (HALL MC3)

Chairmen: **D. Petras, D. Goumenos**

AKI as a continuum

C. Ronco

HALL N. SKALKOTAS

20.00 - 20.30 OPENING CEREMONY

Greetings

20.30 – 21.00 Opening Speech

Application of computational health science

E. Kaxiras



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21.00 WELCOME COCKTAIL

HALL MC3,2

09.00-13.00 RESULTS OF THE WORK GROUPS ON RESEARCH PROJECTS

09.00 – 12.00 Hemodialysis and Renal bone disorder

S. Katsoudas, S. Panagoutsos, I. Griveas, O. Balafa, Ch. Pleros

12.00 – 13.00 Nutrition and Exercise

S. Tsiakas, E. Kapsia, A. Kapota, A. Papadali

HALL MC3,2

15.15-17.45 ULTRASOUND WORKSHOP

Coordinators: **N. Liasis, I. Giannikouris, G. Bamihas**

15.15-16.15 Renal ultrasound - Color doppler of renal arteries - Practical exercise

N. Liasis

16.15-16.45 Vascular Access Mapping-Clinical Cases

I. Giannikouris

16.45-17.15 Central catheters insertion-Practical exercise

I. Koutis

17.15-17.45 Kidney Biopsy

P. Giannou

HALL MC3,4

15.15-17.45 ULTRASOUND WORKSHOP

Coordinators: **E. Papachristou, I. Koutis, G. Charalampopoulos**



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15.15-16.15 Renal ultrasound - Color doppler of renal arteries - Practical exercise
G. Charalampopoulos

16.15-16.45 Kidney Biopsy
P. Giannou

16.45-17.15 Vascular Access Mapping-Clinical Cases
I. Giannikouris

17.15-17.45 Central catheters insertion-Practical exercise
I. Koutis

THURSDAY 20 JUNE 2024

HALL MC3

09.00-10.30 ORAL PRESENTATIONS
Chairmen: **K. Leivaditis, G. Triantafyllis**

10.30-11.00 LECTURE
Chairmen: **E. Papachristou, T. Eleftheriadis**

Preventing CKD: today and in future
C. Wanner

11.00-11.30 LECTURE
Chairmen: **N. Kaperonis, R. Kalaitzidis**

Resistant Hypertension in CKD
G. Bakris

11.30-12.00 LECTURE
Chairmen: **S. Lionaki, M. Stagkou**



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Treatment of ANCA vasculitis: new recommendations for the nephrologists

A. Karras

12.00-12.30 Coffee Break

12.30 –13.00 **SATELITE LECTURE**

13.00 –13.30 **SATELITE LECTURE**

13.30 - 14.15 **MEET THE EXPERT**

Chairmen: **D. Goumenos, S. Marinaki**

Case reports

M. Praga, D. Goumenos

14.15-15.00 Light Lunch

15.00 - 16.30 **ROUND TABLE**

VACCINATIONS IN PATIENTS WITH KIDNEY DISEASE

Chairmen: **I. Pavlopoulou, P. Passadakis**

15.00 - 15.20 General principles of vaccination - immunology

I. Papadatou

15.20 - 15.40 Vaccination in adults

D. Hatzigeorgiou

15.40 - 16.00 Vaccination in children

G. Malakasioti

16.00 - 16.20 What have we learned from the COVID-19 pandemic?

P. Kalogeropoulos



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16.20 - 16.30 Discussion

16.30 - 17.00 CURRENT ISSUES IN NEPHROLOGY

COGNITIVE DETORATION IN CKD PATIENTS

Chairmen: **D. Goumenos, E. Dounousi**

16.30 - 16.45 A modern problem, subject of European multicenter study
D. Goumenos

16.45 - 16.55 The Greek experience
D. Karasavvidou

16.55 – 17.00 Discussion

17.00 - 17.30 LECTURE

Chairmen: **P. Sarafidis, R. Kalaitzidis**

SGLT-2 inhibitors and protection across different CKD etiologies and stages: insights from eGFR slope analyses
R. Haynes

17.30 – 18.15 LECTURE

Chairmen: **E. Fragkou, M. Stagkou**

17.30-18.00 Infections in the immunocompromised
E. Gkrania Klotsa

18.00-18.15 Discussion

18:15-19:15 SATELITE SYMPOSIUM

21.00 CONGRESS DINNER



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HALL MC2

09.00 – 10.00 ORAL PRESENTATIONS

Chairmen: **Th.Chiras, S. Ioneskou**

10.00 - 12.00 ROUND TABLE

PERITONEAL DIALYSIS

Chairmen: **V. Liakopoulos, E. Andrikos**

10.00 - 10.20 PD in Heart Failure

M. Theodoridis

10.20 - 10.40 PD and quality of life

A. Kapota

10.40 – 11.00 APD when and for whom?

V. Vaios

11.00 - 11.20 PD a method with an expiration date?

O. Balafa

11.20 - 11.40 PD and method adequacy

Ch. Dimitriadis

11.40 – 12.00 Discussion

12.00-12.30 Coffee Break

12.30 – 13.30 SATELITE SYMPOSIUM

13.30 - 14.15 MEET THE EXPERT (HALL MC3)

Chairmen: **D. Goumenos, S. Marinaki**

Case reports



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M. Praga, D. Goumenos

14.15-15.00 Light Lunch

15.00 - 16.30 **ROUND TABLE**

VACCINATION (HALL MC3)

Chairmen: **I. Pavlopoulou, P. Passadakis**

15.00 - 15.20 General principles of vaccination-immunology
I. Papadatou

15.20 - 15.40 Vaccination in adults
D. Hatzigeorgiou

15.40 - 16.00 Vaccination in children
G. Malakasioti

16.00 - 16.20 What have we learned from the COVID-19 pandemic?
P. Kalogeropoulos

16.20 - 16.30 Discussion

16.30 - 17.45 **ROUND TABLE**

GENETIC DISEASES - POLYCYSTIC KIDNEY DISEASE

Chairmen: **D. Papadopoulou, G. Tsirpanlis**

16.30 - 16.50 Albort syndrome past, present and future
A. Fountoglou

16.50 – 17.10 Polycystic Kidney Disease: Differential diagnosis from other cystic diseases of the kidneys
G. Spanos

17.10 - 17.30 Polycystic Kidney Disease: new guidelines
V. Filiopoulos



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17.30 - 17.45 Discussion

17.45 – 18.15 LECTURE

Chairmen: **V. Liakopoulos, E. Dounousi**

Aligning care to improve management of CKD complications: from before
to after the transition to dialysis

C. Combe

18.15-18.45 SATELITE LECTURE

18.45-19.15 SATELITE LECTURE

21.00 CONGRESS DINNER

FRIDAY 21 JUNE 2024

HALL MC3

09.00 – 10.30 ORAL PRESENTATIONS

Chairmen: **I. Revela, V. Kokkinou**

10.30 - 11.45 PLENARY LECTURES

KDIGO

Chairmen: **S. Panagoutsos, D. Petras**

10.30 - 11.00 Updates of the KDIGO Guideline on the Management of Glomerular
Diseases

J. Floege

11.00 – 11.30 CKD and cardiovascular disease: Moving from Hades to Athena



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P. Stevens

11.30 - 11.45 Discussion

11.45 - 12.15 Coffee Break

12.15 – 13.00 MEET THE EXPERT

Chairmen: **D. Vasilopoulos, P. Pateinakis**

Case reports

A. Karras

13.00 – 13.30 LECTURE

Chairmen: **I. N. Boletis, K. Stylianos**

How to fly without wings - from flies to chronic kidney disease

D. Flisher

13.30 – 14.45 ROUND TABLE

**CHRONIC RENAL HEART AND VASCULAR DISEASE : WHAT'S NEW ON
INJURY MECHANISMS AND THERAPEUTIC APPROACHES**

Chairmen: **P. Sarafidis, S. Ziakka**

13.30 – 13.50 Genomic and non-genomic actions of aldosterone: updates
on kidney and heart injury

F. Iatridi

13.50 – 14.10 Microvascular disease and endothelial dysfunction in patients with
CKD: their effect on brain and muscle function

M. Theodorakopoulou

14.10 – 14.30 Treatment of heart failure according to the level of
renal function: indications and contraindications of old and new drugs

A. Xanthopoulos



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14.30 – 14.45 Discussion

14.45 - 15.45 Light Lunch

15.45 - 16.45 SHORT PRESENTATIONS

Chairmen: **G. Vlachopoulos, G. Perysinaki**

16.45 - 17.45 SATELITE SYMPOSIUM

HALL MC2

09.00 – 10.30 ORAL PRESENTATIONS

Chairmen: **Ch. Paliouras, D. Galitsiou**

10.30 - 11.45 PLENARY LECTURES (HALL MC3)

KDIGO

Chairmen: **S. Panagoutsos, D. Petras**

10.30 - 11.00 CKD and cardiovascular disease: Moving from Hades to Athena

P. Stevens

11.00 - 11.30 Updates of the KDIGO Guideline on the Management of Glomerular Diseases

J. Floege

11.30 - 11.45 Discussion

11.45 - 12.15 Coffee Break

12.15 - 13.30 ROUND TABLE

CHRONIC KIDNEY DISEASE

Chairmen: **I. Stefanidis, S. Spaia**

12.15-12.35 Does nutrition have any effect on CKD?



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E. Stamellou

12.35-12.55 Nutritional instruction in CKD
M. Divani

12.55-13.15 Nutritional instructions in HD
A. Papadaki

13.15-13.30 Discussion

13.30 – 14.45 ROUND TABLE

MICROBIOMA AND CKD

Chairmen: **S. Panagoutsos, K. Stamatelou**

13.30 – 13.50 The importance of microbioma in progression of CKD
P. Liaveri

13.50 – 14.10 Is the modification of microbioma possible?
Ch. Melexopoulou

14.10 – 14.30 Microbioma Physiology
M. Giannopoulou

14.30 - 14.45 Discussion

14.45 - 15.45 Light Lunch

15.45 – 16.45 SHORT PRESENTATIONS

Chairmen: **A. Vainas, M. Kalientzidou**

16.45 - 17.15 SATELITE LECTURE

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HELLENIC SOCIETY OF NEPHROLOGY
ΕΛΛΗΝΙΚΗ ΝΕΦΡΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ

25th Hellenic
Congress of

NEPHROLOGY

JUNE, 19-21 2024

MEGARON ATHENS CONCERT HALL
INTERNATIONAL CONFERENCE CENTRE - ATHENS, GREECE

HALL MC3,2

09.00-13.00 RESULTS OF THE WORK GROUPS ON RESEARCH PROJECTS

09.00-11.30 Heart and metabolic diseases and kidney
D. Petras, N. Kaperonis, M. Σonikian, P. Kyriklidou, M. Theodoridis, P. Sarafidis

11.30-13.00 Kidney Transplantation
S. Marinaki, E. Dounousi, G. Tsouka, M. Darema, E. Kasimatis

15.30-17.45 KIDNEY BIOPSY WORKSHOP HALL MC3,2 Chairmen: **S. Marinaki, M. Stagkou**

15.30-15.50 Preparation-Performance of Biopsy-Instructions
S. Marinaki

15.50-16.10 Receipt- Material Processing- Photonic microscope- Staining-
Immunofluorescence
G. Liapis

16.10-16.30 Normal Kidney: photonic microscope- Electron microscope
G. Liapis

16.30-17.45 Clinicopathological presentation of clinical cases:
2 idiopathic GN, 2 secondary GN, 2 transplantation
S. Marinaki, M. Stagkou

Commentary: **G. Liapis**

HALL MC3,4

15.30-17.45 KIDNEY BIOPSY WORKSHOP Chairmen: **K. Stylianou, P. Pateinakis**



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Commentary: **H. Gakiopoulou**